

The guest speaker for the October 6th meeting will be Lynchburg Police Department Detective Kevin Poindexter. Detective Poindexter is assigned to the Police Department's Cybercrimes Unit and will discuss how cybercrime affects all of us. (Detective Poindexter is pictured at right.)



•• Upcoming Meetings ••

Regular Club Lunch Meeting
 October 6, 2017 at Noon
 Phase 2, 4009 Murray Place

Next Club Meeting
 October 20, 2017 at Noon
 Phase 2, 4009 Murray Place

October Board Meeting
 October 31, 2017 at 5:30 pm
 The Bedford Library
 Community Room in Forest

Shannon Miles, Perinatal Navigator for Women and Children's Services at Centra Health, spoke at the September 15th meeting on the obstetric opioid epidemic in our region and community, as well as actions to address the problem.

David Harker, our own local Vietnam POW and motivational speaker, will talk at our November 17th "One Nation Under God" luncheon. At our December 1st meeting, Lynchburg Police Chief Diaz is slated to speak.

•• October Birthdays ••

Lisa Martin-Godsey 10/15
 Patrick Neff 10/19
 Donald Sloan 10/21
 Joan Silver 10/23



Our annual blood drive was conducted on September 22 from 1:00 p.m. until 6:00 p.m. at Grace Church on Timberlake Road. Twenty-one pints of blood were donated. Pictured at left is our own Eugene Wingfield giving encouragement to Mike Spencer, trying to convince him that "It won't hurt a bit!"



THE ANNUAL EXCHANGE CLUB CHRISTMAS DINNER HAS BEEN SCHEDULED FOR THURSDAY, DECEMBER 14TH, AT PHASE 2.

