



## Walk to Fight Suicide Out of Darkness Community Walk

The afternoon speakers at the September 4 club meeting included Joan Palmer who was representing Walk to Fight Suicide – Out of Darkness Community Walk planned for October 3 in Lynchburg. Joan shared that sadly the region has experienced 57 homicides and 237 suicides. But there is hope and the walk is intended to provide prevention funding and honor those lost to suicide. Joan says the local goal is \$30,000, so help is needed. More info listed in the upcoming events panel or

[www.facebook.com/oofdwalklynchburgva](http://www.facebook.com/oofdwalklynchburgva)



Joan Palmer (L) speaks to the club about supporting the Out of Darkness Walk.

## Horizon Behavioral Health Overview

After Joan spoke, the club was given an overview of the services provided by Horizon Behavioral Health, the Lynchburg area community services board. The Executive Director, Damien Cabezes and clinician Leslie Fedwick spoke about what Horizon does to support those in the community experiencing mental health problems. In 2014-2015 the organization saw a 10% increase in need and more importantly, provided services to youth including prevention, mentoring, and trauma (physical and mental) support.

Leslie Fedwick is pictured on the left and Damien Cabezes is pictured on the right below.



## Upcoming Events

- **This Meeting is the Club Family Social:**  
September 20, 2015 at 4-6PM  
Peaksview Park  
Wiggington Rd. Pavilion  
**\*\* No Meeting on September 18!**
- **September Club Board Meeting:**  
September 29, 2015 at 5:30PM  
1705 Enterprise Dr.  
Merrill Lynch Financial Offices
- **Next Regular Club Meeting**  
October 2, 2015 at Noon  
Phase 2  
4009 Murray Pl.
- **Child ID Event – During the Kidz Kraze Consignment Sale**  
October 3, 2015 8:30AM-1PM  
Fort Hill Village Shopping Center, 6015 Fort Ave.
- **Walk to Fight Suicide:**  
October 3, 2015  
Registration at 9 AM  
Walk starts at 10 AM  
Percival Island Park  
Concord Turnpike
- **CASA Smith Mountain Lake Charity Home Tour:**  
October 9, 10, and 11  
Smith Mountain Lake  
[www.smlcharityhometour.com](http://www.smlcharityhometour.com)
- **Child ID Event – Deputy Jason Saunders Memorial Car Show**  
October 10, 2015 - 10AM-2PM  
Yellow Branch Elementary  
377 Dennis Riddle Rd.  
Rustburg, VA

**\*\*\*Reminder – No Club Lunch Meeting on September 18, 2015. We will meet for a Family Picnic on September 20 at Peaksview Park Wiggington Rd Pavilion**